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2020
12 JAN

MATCH DAY PROGRAMME

LONDON CITY LIONESSES



LONDON CITY LIONESSES

VERSUS

A NEW ERA FOR FOOTBALL.
A NEW CLUB FOR LONDON.
FOLLOW THE PRIDE.





PRESENTS

London City Lionesses Versus London Bees

Sunday, January 12, 2020

KICK-OFF 2PM

Dartford | Princes Park

IN THIS PROGRAMME



Greetings From The Chair



Message From John Bayer



Match Day Opposition: London Bees



Meet Our Pride

A NEW ERA FOR FOOTBALL.
A NEW CLUB FOR LONDON.
FOLLOW THE PRIDE.

SELF SACRIFICE
SELF DISCIPLINE
SELF BELIEF
SELF FLEES
SELF SACRIFICE
SELF DISCIPLINE
SELF BELIEF
SELF FLEES
SELF SACRIFICE
SELF DISCIPLINE
SELF BELIEF
SELF FLEES
SELF SACRIFICE
SELF DISCIPLINE
SELF BELIEF
SELF FLEES

**SELF
MADE**

2019/20





GREETINGS FROM THE CHAIR

Dear supporters,

Happy New Year! Welcome back to Prince's Park for today's game versus London Bees. We've had an enjoyable break; we're refreshed and raring to go again in 2020. I've been looking forward to watching the girls in action and hoping for a positive result today.

I'd like to welcome everyone from London Bees who have travelled over for today's game. It's the reverse of our season opener, where we were victorious away at Bees. We've come a long way since then and although it was just a few months ago - we've come on leaps and bounds in all aspects. The team is building day by day and I'm glad to see the progress continue over the winter break.

We are confident that our preparations and training regimes will really come to fruition over the next few weeks. What can often be a gruelling second half of the season is where we hope to be entering one of the most enjoyable parts of the season. We know that as a result of having a full-time squad and a professional management and coaching infrastructure that our players will be able to run faster and harder for longer. We hope that will give us the edge as we approach the crunch points at the end of the season.

We have an awful lot at stake in 2020, not least fighting until the end in the FA Women's Championship. We have also been drawn an exciting tie at home to Reading in the FA Cup. We are relishing that one in particular, as an opportunity to demonstrate the level at which we can play at. We have had similar test up against the likes of Arsenal, Brighton and Bristol City in the League Cup this season and I felt that on each of those occasions we gave a really good account of ourselves and showed that we can stand shoulder to shoulder with WSL sides.

Our focus remains on finishing as strongly as possible in the league and with just over half of the season played, there are many permutations remaining, but we will focus on each game as it comes. There has been a clear 'top four' emerge in the league and we want to make sure that we push our closest rivals all the way, starting with three points here today.

Finally, I would like to thank all our amazing staff here at London City Lionesses for their continual hard work over the recent weeks.

Thank you once again for all your support and here's to a successful 2020 for London City Lionesses.

Diane Culligan



The FA Women's
Championship



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THIS SEASON**

BUY TICKETS: [LONDONCITYLIONESSES.COM/TICKETS](https://londoncitylionses5es.com/tickets)

MESSAGE FROM JOHN BAYER

"We've had contrasting results against Bees this year, with our opening day win in the league followed by a disappointing day here in the League Cup."



Hello everyone and Happy New Year!

We have had an extended break since we were last out on the pitch at Prince's Park and we're excited to be back in front of you today. The break has allowed us all to recharge our batteries and the squad is refreshed and ready for the second half of the season. The players have been through a full range of fitness tests after returning from their break and the Performance Team led by Ali Monajati has done a brilliant job of making sure all our players are up to match fitness and primed to get back into action.

We start the New Year with a local derby against London Bees today. We've had contrasting results against Bees this year, with our opening day win in the league followed by a disappointing day here in the League Cup. Today is our chance to put that result right and get our season back underway with a win.

As well as being physically ready for today, we as a group sat down for a review meeting after the winter break to assess our season so far. The agreed conclusion amongst players and staff is that we could and should be higher up in the league table, based on the level that we are capable of playing at. Ultimately, the aspect of our game that needs to improve is our decision making and game management at key moments in the game. There have been important games this season, that we know we could have won, where our players need to learn how to make sure we get a result as well as putting in a strong technical performance. That is one of our goals in the second half of the season.

Already, we have seen teams in our league strengthen during in this transfer window and we have to be aware of how all our rivals are developing. We have a great group of players that are always progressing under the infrastructure we have set up here at London City Lionesses, but we are always on the look for additional players to come in and add to the squad. I think we have shown already in our relatively short lifetime that if players are ready to take the next step and become full-time, then we are set up in a way that can facilitate a new level of development for them.

The run-in to the end of the season is packed full of important games for us, starting with today and then followed by a long trip to Durham next weekend. When we return here for our exciting FA Cup tie against WSL Reading on the 26th January, we hope to have had a good return from those two league games so we give Reading a real fight.

Thanks again for your support and please enjoy today's game.

John Bayer

Head of Player Development

**FA Women's
Championship**



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MATCH DAY OPPOSITION

2019



2020

1. Sarah Quantrill (GK)
2. Ellie Wilson
3. Megan Alexander (Captain)
4. Hayley West
5. Georgia Roberts
6. Billie Brooks
7. Lauren Pickett
8. Bonnie Horwood
9. Lucy Loomes
10. Brooke Nunn
11. Rosie Kmita

12. Courtney Ward-Chambers
13. Taylor O'Leary
14. Georgie Giddings
15. Megan Lynch (GK)
16. Nicola Gibson
17. Nikita Whinnett
19. Mollie Dench
21. Flo Gamby
22. Amelia Hazard
23. Merrick Will



LDN
CTY

SELF

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A NEW ERA FOR FOOTBALL.
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FOLLOW THE PRIDE.

MEET OUR PRIDE

2019



2020

- | | |
|----------------------|---------------------|
| 1. Lucy Thomas | 13. TBC |
| 2. Chantelle Mackie | 14. Kallie Balfour |
| 3. Leanne Cowan | 15. Vyan Sampson |
| 4. Poppy Wilson | 16. Harley Bennett |
| 5. Hannah Short | 17. Lucy Fitzgerald |
| 6. Ylenia Priest | 18. Ellie Mason |
| 7. Liz Ejupi | 19. Lily Egg |
| 8. Freda Ayisi | 20. Annie Rossiter |
| 9. Gabby Ravenscroft | 21. Flo Fyfe |
| 10. Juliette Kemppi | 22. Eden Bailey |
| 11. Evie Clarke | 23. Amber Gaylor |
| 12. Grace Neville | 24. Ellie Arnold |





**A LIONESS
SLEEPS IN
THE HEART
OF EVERY
WOMAN.
IT'S UP TO
YOU TO
WAKE HER
UP!**

NEXT GAME: COVENTRY UNITED

- FEBRUARY 2, 2020

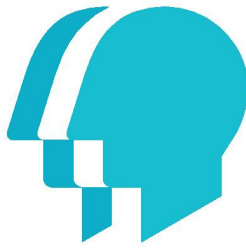


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LONDON CITY LIONESSES VS COVENTRY UNITED



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We look forward to a successful season together.



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