

VOL
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**WFA Women's
Championship**



2020
23 FEB

MATCH DAY PROGRAMME

LONDON CITY LIONESSES



LONDON CITY LIONESSES

VERSUS

A NEW ERA FOR FOOTBALL.
A NEW CLUB FOR LONDON.
FOLLOW THE PRIDE.





PRESENTS

London City Lionesses Versus Crystal Palace

Women F.C

Sunday, February 23, 2020

KICK-OFF 2PM

Dartford | Princes Park

IN THIS PROGRAMME



Greetings From The Chair



Message From John Bayer



Message from HRH The Duke of Cambridge



Match Day Opposition: Crystal Palace Women F.C.



Meet Our Pride

LDN
CTY

LONDON CITY LIONESSES

SELF MADE

A NEW ERA FOR FOOTBALL.
A NEW CLUB FOR LONDON.
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GREETINGS FROM THE CHAIR

Dear supporters,

I'm delighted to welcome everyone back to Prince's Park for today's game against Crystal Palace. I'd also like to welcome supporters, players and staff from our visitors today.

Our last game here saw us host Coventry United in an enthralling encounter, which saw us complete an impressive turnaround in the game to win late on. Vanessa Susanna's strike marked yet another late winner for us and a bit of a growing trend. I think we see a lot of late goals from us in key matches due to the determination and physical condition of the players. We can run faster and harder for longer and we have a set of players who are willing to do that.

Today is set up in a similar way, in that we are coming into the game as favourites, based on league position, but we have to play up to that part. We are a club in our infancy but on the pitch, we can play as an established and competitive team. We certainly showed that in the second half against Coventry, where we re-calibrated and managed to grind out the result.

People in the game now know the name London City Lionesses and I also like to think we are beginning to show an identifiable and attractive style of play.

The players will be aware of Crystal Palace's attributes and the way that we prepare for games like this will mean we have everything we need to get the three points. The staff and the players' attitude continue to be first-class and that has been integral to ensuring a successful journey for the club so far – long may that continue.

We do have a sizeable gap in the season after today, but I know that the players and staff will see it as business as usual and will continue to strive for increasing standards and will arrive back for the Sheffield United game fully prepared and motivated for an important game once again.

Thank you again for your continued support.

Diane Culligan



The FA Women's
Championship



**DON'T MISS A GAME
THIS SEASON**

BUY TICKETS: [LONDONCITYLIONESSES.COM/TICKETS](https://londoncitylionses5es.com/tickets)

MESSAGE FROM JOHN BAYER

"With a more aggressive pressing style, working harder out of possession and moving the ball quicker, we were able to complete an impressive come back."



Hello everyone and welcome to Prince's Park for today's game against Crystal Palace.

We're really excited for this one, an important match for both sides. We're in the business end of the season where everyone has established their priorities and points will be very valuable for both sides.

We feel that we're a decent run of league form at the moment and we're feeling very positive following an important result against Coventry United last time here. The 3-2 win required a resilient fightback from the players after what was a pretty lacklustre first half, where we were far from our best. We conceded two poor goals and allowed Coventry to get the better of us at times – they are fighting for every point near the bottom of the table so we needed to match their intensity and we didn't. At half time, we talked through the basics and reminded the players what we needed to do. With a more aggressive pressing style, working harder out of possession and moving the ball quicker, we were able to complete an impressive come back.

We dominated the second half and our eventual winner came through Vanessa Susanna, who also scored with an impressive solo effort earlier on in the game. Annie Rossiter also chipped in with a great goal.

The lessons learnt from that game will be valuable to us as we approach today's match against Crystal Palace. We have to be aware of the danger they impose, despite their league position. We're expecting to come up against a highly motivated and well-prepared team. We will be aiming to come away with another three points which will help us finish as high as possible in the league come the end of the season.

Following from today, we will have a lengthy break in fixtures – with five weeks before our next game away at Sheffield United. We will use the break wisely, to work on our tactics and shape and try to get a couple of friendlies in. However, it means even more so that the players will leave nothing on the pitch today and will give it their all until the final whistle blows. We hope for a positive result today and then we can come into the Sheffield game refreshed and raring to go against one of our closest rivals in the table.

Thank you again for your support.

John Bayer

Head of Coaching & Development

**FA Women's
Championship**



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KENSINGTON PALACE

Imagine if we talked about mental health as much as we talk about football. It's our national game, passionately followed by millions of people. Many of us won't go a day without talking about it.

And whatever team we support, every single fan, player and manager has one thing in common – we all have mental health, in the same way that we all have physical health. And we will all face ups and downs in life which will affect it.

It's time we start taking our mental fitness as seriously as we do our physical fitness, and that starts with talking. The simple power of conversation can be the first step to better mental health, and to making it OK to say we're not OK.

As one of the most powerful, unifying forces in our society, football has the power to bring the nation together in conversation. That's why, this weekend, men's and women's football is coming together to kick off the biggest ever conversation around mental health, as part of the Heads Up campaign.

Over two weekends in February, every football team from across the Premier League, English Football League, The National League, The Barclays Women's Super League, The FA Women's Championship and The FA Women's National League will dedicate their matches to Heads Up.

Through the Heads Up Weekends, we want to help everyone feel as comfortable talking about mental health as they are talking about football. So wherever you are watching a match this weekend, the message will be loud and clear – it's time to kick off a conversation about mental health.

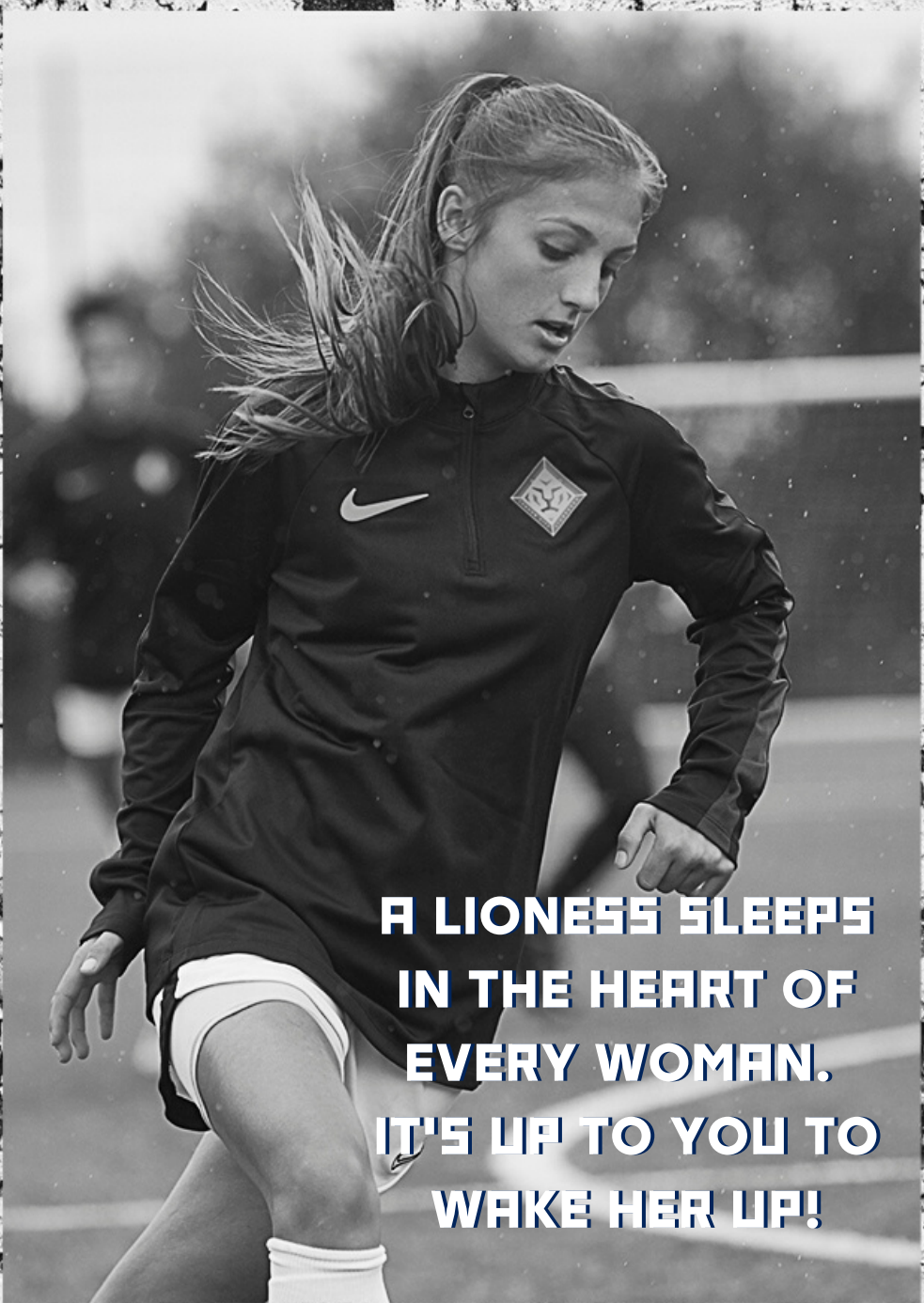


Heads Up
The FA Foundation



**FA Women's
Championship**

**Join the conversation using #KickOffAConversation
or visit TheFA.com/HeadsUp for more information**



**A LIONESSE SLEEPS
IN THE HEART OF
EVERY WOMAN.
IT'S UP TO YOU TO
WAKE HER UP!**



London City Lionesses
are proudly supported by

TED^x Camden

x = independently organized TED event



MATCH DAY OPPOSITION

2019



2020

1. Lucy Gillett (GK)
2. Annabel Johnson
3. Nicole Pepper
4. Amy Goddard
5. Jordan Butler
6. Freya Holdaway (C)
7. Amber Stobbs
8. Siobhan Wilson
9. Magda Mosengo
10. Ashlee Hincks
11. Bianca Baptiste
12. Lizzie Waldie

13. Cherelle Khassal
14. Amber Gaylor
15. Andria Georgiou
16. Hannah Mackenzie
17. Amy Taylor
19. Lily Stevens
20. Emma Gibbon (GK)
21. Leeta Rutherford
23. Ashleigh Goddard
26. Roife Hurley
27. Hannah Churchill

LDN
CTY

SELF



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MEET OUR PRIDE

2019



2020

1. Lucy Thomas (GK)
2. Chantelle Mackie
3. Leanne Conwan
4. Poppie Wilson
5. Hannah Short
6. Ylenia Priest
7. Liz Ejupi
8. Freda Ayisi
9. Gabby Ravenscroft
10. Juliette Kemppi
11. Evie Clarke

12. Grace Neville
14. Kallie Balfour
15. Vyan Sampson
16. Harley Bennett
17. Lucy Fitzgerald
18. Ellie Mason (C)
19. Lily Egg
20. Annie Rossiter
21. Flo Fyfe
22. Eden Bailey
24. Ellie Arnold

LONDONCITYLIONESSES.COM/TEAM

NEXT GAME: BLACKBURN ROVERS



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ROVERS50

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LONDON CITY LIONS VS BLACKBURN ROVERS
KICKOFF - 2PM, APRIL 5TH, 2020



Thank you to our principal partner,



We look forward to a successful season together.



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